



**PREMIER
UROLOGY GROUP, LLC**
Urological Surgical Associates Division

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HOME CARE OF FOLEY CATHETERS

A foley catheter is a rubber tube inserted into the urethra for continuous urinary drainage. There is a balloon on one end of the catheter, filled with sterile water, to prevent the catheter from falling out.

1. Do not try to pull the catheter out.
2. Keep the bag above your knee as much as possible to reduce pulling and bleeding.
3. Alternate bag from left leg to right leg daily.
4. You may shower with catheter in. You can also remove the bag, by gently pulling it out of the colored tube and leave it aside. Note: Urine will run out the end of the catheter when the bag is not attached.
5. You may see some blood or clots in the bag.
6. You may have some leaking around the catheter caused by bladder spasms.
7. Empty your bag 3-4 times a day.

Call our office immediately if:

1. The bag is not filling with urine and/or you feel fullness in the bladder.
2. The bag is grossly filled with blood.
3. You develop chills, fever, or severe pain.
4. The catheter falls out.

If you have any questions or concerns, call us at any time at 732-494-9400, we are here for you.

Thank you,

The Clinical Team at Premier Urology Group