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## **PATIENT INFORMATION REGARDING PENILE CHEMICAL INJECTION**

### MEDICINE:

1. The date on the medication vial is the day it was mixed, not the day it expires. The medication if stored properly is good for approximately 3 months.
2. Rotate your injection sites (right side, left side, right side, etc.) We recommend using the injection no more than 3x a week.
3. Dispose of used syringes in a paper towel or newspaper and methods:
  - a. Place used syringe in a paper towel or newspaper and throw it in the garbage.
  - b. Placed used syringe in an empty milk or juice carton and throw it into the garbage
  - c. Syringes are for one time use only

### EFFECTS:

1. Some discoloration (black and blue) can occur by the injection site. This should disappear in a few days. This usually occurs when pressure was not applied long enough after the injection or you accidentally injected a vein.
2. If you feel a burning sensation when you are injecting, **STOP AT ONCE**. This means you are not injecting properly. If this should happen more than once, you must discuss it with your urologist. The injection should not be painful.
3. Some males will complain of reduced penile sensation and difficulty ejaculating. It is not clear whether this is related to the injection or the urological condition for which the injection was given.
4. Erection of the penis usually occurs within 5-15 minutes after the injection. Some males need sexual stimulation to bring on the erection. It is not unusual to be able to have intercourse twice with the effect of one injection, which may last one hour. If the erection lasts longer than 1 hour follow the protocol below.
  - a. Sudafed protocol:
    - i. If the erection lasts more than 1 hour take one Sudafed.
    - ii. If the erection lasts more than 2 hours take another Sudafed
    - iii. If the erection lasts more than 3 1/2 hours: **CALL ONE OF OUR OFFICES IMMEDIATELY. THERE IS A DOCTOR AVAILABLE 24 HOURS A DAY. DO NOT DELAY.**

Erections that last too long (>4hours) can permanently damage the penile tissue. Always try to ejaculate by masturbation, oral stimulation or sexual intercourse.



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**FOLLOW-UP THERAPY:**

1. It is essential that you have regular follow-up (usually every 3 months) visits with your urologist. These visits are necessary even if you feel that everything is going well with the program. The doctor needs to examine you to identify any possible untoward effects from the injection program.
2. Never adjust your medication dose without first speaking to your urologist.
3. If you are not pleased with how this therapy is going, CALL. There is no need to wait till your next visit.

**ALWAYS REMEMBER THE MAIN GOAL IS YOUR SATISFACTION**