



urological surgical associates

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CYSTOSCOPY WITH BLADDER BIOPSY

The cystoscopy with bladder biopsy procedure is a simple, relatively painless procedure done through the urethra. The doctor inserts a small telescope through the urethra into the bladder. The abnormal area or growth in the bladder will be biopsied and specimens will be taken. No sedation is required, but a local anesthetic is given to maximize your comfort.

1. If you have any cardiac valve disease, mitral valve prolapse, medical implants (excluding eye lens implants or teeth), or require antibiotics prior to dental procedures, please notify your doctor so appropriate antibiotics may be given. **IF YOU HAVE A PACEMAKER OR DEFRIBILLATOR YOU MAY NOT HAVE YOUR PROCEDURE DONE IN THE OFFICE. PLEASE ADVISE US AT ONCE.**
2. If you are taking any blood thinning medication including Aspirin, Aspirin containing products, Coumadin, Persantine, Plavix or Trental, you must contact your prescribing physician for their permission to stop these medications 5 days before the procedure and 2 days after the biopsy. Do not stop these medications without your physician's approval. If your physician does not allow you to stop these medications please contact our office for further instructions.
3. If you take vitamins and/or dietary supplements on a regular basis, please discontinue these supplements for 5 days before the procedure and 2 days after the biopsy.
4. There are **NO** eating restrictions. We strongly recommend eating breakfast / lunch prior to the procedure.
5. You may take all regularly scheduled medications on the morning of the procedure excluding medications that were stopped for the procedure.
6. Please arrive 15 minutes before your appointment time. It is required that an adult accompany you to drive you home.
7. After the procedure, we ask that you rest in our office for an additional 15-20 minutes.